

SUNDAY / DOMINGO
<b>9:00AM 2HR Spiritual Awakening</b> , <a href="https://us04web.zoom.us/j/89192804863">https://us04web.zoom.us/j/89192804863</a> , Meeting ID 891 9280 4863, Dial In 646-558-8656, Password 672803, Trenton, NJ, 08608 <b>(C,D,S,St,NS,VM)</b>
<b>7:00PM 1.5HR The Twilight Zone</b> , St. Michael's Church, rear entrance, 140 N. Warren Street, Trenton, NJ, 08608 <b>(O,Ro,NS)</b>
<b>7:30PM 1.5HR Twelve Steps of Freedom</b> , First Presbyterian Church, 320 North Main St., Hightstown, NJ, 08520 <b>(D,O,S,St,NS)</b>
MONDAY / LUNES
<b>6:00PM 1.5HR Sign of the Times</b> , Prospect Village Community Room, 110 Prospect Street, Trenton, NJ, 08618 <b>(C,H&amp;W,St,WC,NS)</b>
<b>7:00PM 1.5HR Step by Step</b> , St. Mark's Lutheran Church, 350 Whitehorse Avenue, Hamilton Township, NJ, 08610 <b>(D,O,St,WC,NS)</b>
<b>7:30PM 1.5HR Trenton Group of NA</b> , St. Michael's Episcopal Church, 140 N. Warren Street, Trenton, NJ, 08608 <b>(D,O,S,NS)</b>
TUESDAY / MARTES
<b>11:30AM 1.5HR Midday Miracles</b> , Turning Point Methodist Church, enter black gates from S. Broad, 15 S. Broad Street, Trenton, NJ, 08608 <b>(Bk,O,WC,NS)</b>
<b>7:00PM 1.5HR Foundation of Hope</b> , <a href="https://zoom.us/j/82621944037">https://zoom.us/j/82621944037</a> , Meeting ID 826 2194 4037, Dial In 646-558-8656, Password 0425, Hightstown, NJ, 08520 <b>(O,Ro,NS,VM)</b> <i>Hybrid meeting</i>
<b>7:00PM 1.5HR Foundation of Hope</b> , First Baptist Church, 125 South Main Street, Hightstown, NJ, 08520 <b>(O,Ro,NS)</b> <i>Hybrid meeting</i>
<b>8:00PM 1.5HR Fresh Start</b> , First Presbyterian Church, 100 Scotch Road, Ewing, NJ, 08628 <b>(D,O,S,NS)</b>
WEDNESDAY / MIÉRCOLES
<b>11:30AM 1.5HR Midday Miracles</b> , Turning Point Methodist Church, enter black gates from S. Broad, 15 S. Broad Street, Trenton, NJ, 08618 <b>(Bk,O,WC,NS)</b>
<b>5:00PM 1.5HR Who Is An Addict?</b> , Rescue Mission Of Trenton, 505 Perry Street, Trenton, NJ, 08905 <b>(D,P,O,NS)</b>
<b>7:00PM 1.5HR Miracle of Change</b> , John O. Wilson Center, 169 Wilfred Ave., Trenton, NJ, 08610 <b>(B,H&amp;W,O,St,WC,NS)</b>
<b>7:30PM 1.17HR It's All Write</b> , Grace-St. Paul's Episcopal Church, 3715 East State Street, Hamilton, NJ, 08619 <b>(C,NS,V)</b> <i>Step-Writing Meeting</i>
THURSDAY / JUEVES
<b>11:30AM 1.5HR Midday Miracles</b> , Turning Point Methodist Church, enter black gates from S. Broad, 15 S. Broad Street, Trenton, NJ, 08618 <b>(Bk,O,WC,NS)</b>
<b>6:30PM 1.5HR We Do Have Hope</b> , Prospect Village Community Room, 110 Prospect Street, Trenton, NJ, 08618 <b>(D,O,S)</b>
<b>8:00PM 1.5HR Hightstown Group of NA</b> , <a href="https://us04web.zoom.us/j/84090484653">https://us04web.zoom.us/j/84090484653</a> , Meeting ID 840 9048 4653, Dial In 929-205-6099, Password 915091, Hightstown, NJ, 08520 <b>(D,O,WC,NS,L,VM)</b> <i>Hybrid meeting</i>
<b>8:00PM 1.5HR Hightstown Group of NA</b> , First Presbyterian Church, 320 N. Main Street, Hightstown, NJ, 08520 <b>(D,O,WC,NS,L)</b> <i>Hybrid meeting</i>
FRIDAY / VIERNES
<b>6:30PM 1.5HR Together We Can</b> , <a href="https://us04web.zoom.us/j/81550103675">https://us04web.zoom.us/j/81550103675</a> , Meeting ID 815 5010 3675, Dial In 646-558-8656, Password 758194, Ewing, NJ, 08628 <b>(D,O,WC,NS,VM)</b>
<b>7:30PM 1HR Bordentown Group of NA</b> , St. Mark's Lutheran Church, 350 Whitehorse Avenue, Hamilton Township, NJ, 08610 <b>(C,WC,NS,V)</b>

<b>8:00PM 1.5HR Lifeline</b> , The East Trenton Center, 601 N. Clinton Avenue, Trenton, NJ, 08638 <b>(Bk,D,JFT,O,S,NS)</b>
SATURDAY / SÁBADO
<b>10:00AM 1.5HR The Promise Is Freedom Group Of NA</b> , IBIS building, Suite 903, 3525 Quakerbridge Road, Hamilton, NJ, 08619 <b>(O,Ro,NS)</b>
<b>2:00PM 2HR Freedom Ain't Free</b> , Rescue Mission Of Trenton, 505 Perry Street, Trenton, NJ, 08905 <b>(D,O,S,St,NS)</b>
<b>4:00PM 1.5HR A Spiritual Journey</b> , Library, 1115 Greenwood Ave., Trenton, NJ, 08609 <b>(O,W,NS)</b>
<b>6:30PM 1.5HR Truth Be Told</b> , Library, 1115 Greenwood Avenue, Trenton, NJ, 08608 <b>(C,M,NS)</b>

MEETING FORMAT LEGEND			
B	Beginner	Bk	Basic Text
C	Closed (addicts only)	D	Discussion
H&W	It Works How and Why	JFT	Just for Today
L	Literature	M	Men
NS	No Smoking	O	Open (anyone welcome)
P	Pamphlet	Ro	Rotating
S	Speaker	St	Step
V	Varied	VM	Virtual Meeting
W	Women	WC	Wheelchair
NJ REGIONAL HELPLINES			
Meetings and Information		732-933-0462	
Helpline		800-992-0401	
Helpline Committee		<a href="mailto:helpline@nanj.org">helpline@nanj.org</a>	
SERVICE MEETINGS			
Area Service Meeting			
Second Sunday at 1pm			
Meeting id 896 0432 7389			
<a href="https://us06web.zoom.us/j/89604327389">https://us06web.zoom.us/j/89604327389</a>			
Password 204647			



**CAPITAL AREA**

**MEETING LIST  
JULY 2024**

**24 HOUR HELPLINE  
800-992-0401**

CapitalAreaOfNA.org

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
**Ask your Higher Power** to keep you clean  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 25

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

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