

## Sunday

### “Spiritual Awakening”

Cathedral Square  
26 West Hanover PL, Trenton, NJ  
9:00 a.m. – 11:00 a.m. (C, St, Guide Meeting)

### “Area Service Committee (ASC) Meeting”

Rescue Mission Multi Purpose Room  
(Vincent’s Place)  
98 Carroll St, Trenton, NJ  
\*Second Sunday of Every Month  
2:00 p.m.

### “The Twilight Zone”

St. Michael’s Church  
140 N Warren St, Trenton, NJ  
(Parking and entrance to meeting at the rear of the church)  
7:00pm-8:30 p.m. (chairperson’s choice)

## Monday

### “Early Morning Risers”

Ujima Center  
1001 Pennington Ave, Trenton, NJ  
(enter off Parkway Ave in the back)  
9:30 a.m.-11:00am (O,S,T,D)

### “Midday Miracles”

Friendship Baptist Church, Trenton, NJ  
111 Perry Street, 2nd Floor  
11:30 a.m. – 1:00 p.m. (O)

### “New Way of Life”

50 Escher Street, Trenton, NJ  
Street Parking only- Enter in rear of building  
5:30 p.m. - 7:00 p.m. (IWHW,O,Tr)

### “Sign Of The Time”

110 Prospect Street, Trenton, NJ  
Prospect Village Community Room  
6:00 p.m. – 7:30 p.m. (St, IWHW)

### “TRENTON GROUP OF NA”

Cathedral Square  
26 West Hanover PL, Trenton, NJ  
7:30pm-9:00pm (B.T.O.S.S. DISCUSSION)

### “NA For Everyone”

St David Episcopal Church  
90 South Main St, Cranbury, NJ  
5:45pm-7:00pm (BK,S,JFT,LC)

## Tuesday

### “Midday Miracles”

Friendship Baptist Church  
111 Perry Street, 2nd Floor, Trenton, NJ  
11:30 a.m. – 1:00 p.m. (O)

### “Hope Without Dope”

Lincoln Homes Community Hall  
Old Rose Street, Trenton, NJ  
6:30p.m.-8:00pm (O,T,P,D)

### “Bottom Line Group”

Rescue Mission Multi Purpose Room  
(Vincent’s Place)  
98 Carroll St, Trenton, NJ  
7:30 p.m. (T,D)

### “Foundation Of Hope-Mens”

125 Main Street, Hightstown,, NJ  
7:00pm-8:30 p.m. (Ro)

### “Fresh Start”

First Presbyterian Church  
100 Scotch Rd., Ewing, NJ  
8:00 p.m. (O,S,D, Hrl)

## Wednesday

### “Early Morning Risers”

Ujima Center  
1001 Pennington Ave, Trenton, NJ  
(enter off Parkway Ave in the back)  
9:30 a.m.-11:00am (O,S,T,D)

### “Stop & Surrender”

Kingsbury Square –(E. Tower – Community Room)  
Market Street, Trenton, NJ  
11:30 a.m. – 1:00 p.m. (P,O,D)

### “The Only Requirement”

50 Escher Street, Trenton, NJ  
Street Parking only- Enter in rear of building  
7:00 p.m. – 8:30 p.m.

## Thursday

### “Midday Miracles”

Friendship Baptist Church  
111 Perry Street, 2nd Floor, Trenton, NJ  
11:30 a.m. (O,BK)

### “Open Book, Open Mind”

Galilee Baptist Church  
440 Martin Luther King Jr Blvd, Trenton, NJ  
In the basement  
5:30 p.m. (TBS)

### “One Step at a Time”

50 Escher Street, Trenton, NJ  
Street Parking only- Enter in rear of building  
7:00 p.m. – 8:30 p.m. (St, O, D)

### “Hightstown Group of NA”

First Presbyterian Church of Hightstown  
Main Street, Hightstown,, NJ  
8:00 p.m. – 9:15 p.m. (L, D)

## Friday

### “Midday Miracles”

Friendship Baptist Church  
111 Perry Street, 2nd Floor  
11:30 a.m. – 1:00 p.m. (O)

### “We Do Recover”

26 W. Hanover Place  
1:30 p.m. – 3:00 p.m. (IWHW Flat Book)

### “New Way of Life”

50 Escher Street  
Street Parking only- Enter in rear of building  
5:30 p.m. - 7:00 p.m. (St,S,D,O)

### “One Disease One Program”

Rescue Mission Multi Purpose Room  
(Vincent’s Place)  
98 Carroll St  
7:00 p.m. – 8:30 p.m. (BK,D)

### “Lifeline Group”

601 N. Clinton Avenue  
8:30 p.m. – 10:00 p.m. (IWHW)(St 1-12)(JFT)

**Saturday**

**“Early Morning Recovery”**

50 Escher Street  
 Street Parking only- Enter in rear of building  
 8:30 a.m. – 10:00 a.m. (BT,O,D)  
 Needs support and trusted servants

**“Stop and Surrender”**

1 Kingsbury Square – Market Street  
 West Tower Community Room  
 11:30 a.m. – 1:00 p.m. (O,ST,S,T,D)

**“Recovering Women in the Capital Area of NA”**

575 East State Street  
 Park-N-Lot Gate Entrance  
 3:00 – 4:30 p.m. (W)

**“Stepping Into Recovery-Mens”**

Rescue Mission Multi Purpose Room  
 (Vincent’s Place)  
 98 Carroll St  
 5:30 – 7:00 p.m. (M,O,S,T,D)

**“How Are You Living?”**

Shiloh Baptist Church  
 Lower Auditorium or Library  
 Calhoun Street & Belvidere Street  
 6:00 p.m. – 7:30 p.m. (T,D,O)

**“Do or Die”**

Rescue Mission Multi Purpose Room  
 (Vincent’s Place)  
 98 Carroll St  
 7:30 p.m. – 9:00 p.m. (S)

**NARCOTICS ANONYMOUS  
 MEETING LEGEND**

- |                               |                           |
|-------------------------------|---------------------------|
| BK - Basic Text Study         | L - Literature            |
| IWHW-It Works How & Why       | W - Women's Group         |
| JFT - Just For Today          | Pn - Panel                |
| C - Closed (For Addicts Only) | St - Step                 |
| B - Beginners                 | NS - Needs Support        |
| P - Pamphlet                  | G/L - Gay/ Lesbian        |
| M - Men's Group               | TBS - Text book study     |
| O - Open                      | Hri - Hearing Impaired    |
| S - Speaker                   | GB - Grab Bag             |
| Tr - Tradition                | CC - Chairperson's Choice |
| T - Topic                     | SF - Smoke Free           |
| D - Discussion                | SGB - Speaker/ Grab Bag   |

**AN ADDICT ALONE IS IN BAD COMPANY**

**PHONE NUMBERS**

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**SUGGESTIONS**

- Get and Use a Sponsor
- Make 90 Meetings and 90 Days
- Get a Homegroup
- Don't Use and Go to Meetings
- Use the Phone
- Come Early and Stay Late
- Avoid People, Places and Things
- Keep Coming Back!!



**CAPITAL AREA MEETING LIST**

**SPRING 2017**

***THAT NO ADDICT SEEKING  
 RECOVERY NEED EVER DIE FROM  
 THE HORRORS OF ADDICTION***

**CAPITAL AREA SERVICE**  
 PO BOX 649 TRENTON, NJ 08607

**NJ STATEWIDE HELPLINE**  
 1-732-933-0462

The sick and suffering addict  
 can still reach the  
**hotline at: 1-800-992-0401**

CapitalAreaofNa .org  
 NaNj .org